

## **What if everything your beautiful heart desired came EASILY to you?**

No slogging yourself silly just to gain an inch of ground, or watching your dreams gather dust while you struggle with everything you 'should' be doing. Just an aligned, effortless state of flow ... all of the time.

**I'm Annie, your resident sweet tooth, adrenaline-junkie and  
Mystic Life Coach.**

*(insert testimonial)*

Through sacred on-on-one life coaching programs, I work with heart-led millennials just like you to harness astrology, chakra healing and manifestation principles to expand their energy, reconnect with their soul and attract their heart's desires.

Is this type of coaching suitable for you? Tell me, do you feel like:

- You're reading your 'life direction' map backwards, or upside down, or *something* because you're totally lost and can't figure out where you're supposed to be going?
- You're constantly swimming against the current, attempting to hustle and force things to fall into place ... all while your heart longs for more?
- You're being pressured – by friends, family or society - to follow a life path that, deep down, doesn't feel right for you?
- Grabbing a pillow and screaming into it, at the top of your lungs, 'what the – *bleep* - am I meant to be doing with my life?!!'

If so, then love, it's time to stop working so damn hard.

It's time to let go of the need to do more – to *be* more – and to just settle into a state of effortless, aligned flow. To let the Universe bless you with everything you need to blossom and grow.

*(insert testimonial)*

When I was a child, I thought that anything was possible. Yes, society agreed as I grew older, anything IS possible ... provided it fits into the 'go to college, get a nine-to-five job, climb the corporate ladder, get married, have 2.5 kids and paint your picket fence white' template.

That's what I was supposed to do. What I believed, for so long, I *should* do.

It wasn't a smooth, or easy, path from where I was to where I am today. For a long time I was the bright-eyed girl with an insatiable curiosity for life; The girl who said 'yes' when she meant 'no' or 'I'm not sure' and followed what others told her to do because, looking around, it was what everyone else was doing. The girl that listened to other people's versions of the truth ... instead of tapping into her own.

But then something clicked (if you're curious, head over here to read my story) and fell into place.

And just like that, it was like I had been unleashed. Over the next four years, I became my own work-in-progress experiment. Marrying my academic studies in biology, physics and philosophy, I went on to study astrology, chakras and manifesting.

Blending these three philosophies and practices, I was able to reconnect with my soul, heal my energy and begin creating the changes that would take me towards my dream life.

Today, my life isn't perfect. I'm still a work-in-progress.

### **But here's what I believe now:**

- I believe it's time to wage a war on 'should'. To stop building our goals, and our lives, around other people's beliefs and dreams.
- I believe you are meant to do big things in your life ... and that means straying from society's pre-paved 'normal' path.
- I believe you are ready, SO ready, to live your soul's purpose.
- I believe that you are meant to have everything you dream of.
- I believe that when you follow your heart and soul, you CAN have everything you dream of.

- And I believe that the secret to living a happier life is to let your heart and soul run the show.

## **Helping millennials navigate the road less traveled**

*(insert testimonial)*

Drawing on my (full-of-love) weapons of choice – including astrology and birth chart readings, chakra and energy healing and mindset and manifestation principles – I guide millennials longing for meaning to unlock and follow their inner guidance to be who they are meant to be, truly shine in their uniqueness and connect with others in a deeper way.

This isn't a cookie-cutter experience.

I specialize in crafting one-of-a-kind customized coaching journeys that guide you from where you are to where you want to be. No two souls are the same – and your coaching journey shouldn't be either!

Each session is intuitively designed to give you what you need to connect to who you are - from your heart – and follow that connection to live the life you dream of.

In every program, you'll receive a comprehensive and detailed unique birth chart reading, as well as guidance and mentoring on how to heal your chakras and develop a manifesting mindset.

### **I offer three coaching programs:**

#### **1. The Spirit Seeker Program**

An **eight-week program** perfect for those wanting greater clarity and connection as well as a nourishing introduction to chakras, manifesting and using their birth chart to manifest their heart's desires.

#### **2. The Embodiment Program**

Based on the same foundations as The Spirit Seeker program, this **16-week** journey is perfect for those desiring to ignite greater change and transformation in their life.

### **3. The Soul-Fuelled Start-Up Program**

A **12-week program** perfect for aspiring soul-fuelled entrepreneurs longing to tap into their unique skills, talents and life purpose to build their own heart-based business.

#### **Here's what you can expect:**

- Feel more in tune and aligned with what your heart is craving.
- Live from your heart (instead of just your head).
- Unlock the secrets of your birth chart to feel guided and purposeful in your life.
- Heal, cleanse and nourish your chakras for an energetic vibration that is magnetic and attracts everything you desire.
- Master the manifesting mindset to transform your dreams into reality.
- To easily and effortlessly realize your potential.
- To expand your energy, reconnect with your soul, and manifest your heart's desires.

#### **Wait, what the heck is a birth chart anyway?!**

A birth chart is essentially a visual diagram of the exact placement of the sun, moon, planets, stars and asteroids at the precise moment of your birth. Pretty special, huh? It is incredibly detailed – way more than you might expect! – and can help guide you in your unique energy and life purpose.

Learn more here.

**And chakras?**

According to Indian philosophy, there are seven chakras in our bodies in which energy flows through. Healing your chakras helps you clear out your own energy, as well as the energy you pick up from society/people in your life.

Learn more here.

### **What about manifesting ...?**

Manifesting is based on quantum physics and is essentially about harnessing energy to bring to life – or attract into your life – what you desire. Cultivating the right mindset can help you focus your energy to more deeply and effectively manifest your desires.

Learn more here.

Essentially, the three tools I use help you connect to who you are - from your heart – and follow that connection to live the life you dream of.

*(insert testimonial)*

Is your heart tugging you towards this path? Let's chat and connect with a free one-on-one discovery call. I'll (insert what Annie does).

So in my programs I offer:

- A mini tarot card reading so we get a feel for where their energy currently is.
- Birth chart reading /1-2 Planet(s) per week.
- Suggest how to strength a chakra /1-2 Chakra(s) per week.
- I give them a 30 min Reiki session the night before our call & on the call will go over my notes from the session.

You will also receive one of these elements per session:

- Customized subliminal message audio.
- Customized meditation.

- Customized EFT script.
- Customized journaling scripts.

Your complimentary (yep, FREE!) 'Spiritual Starter Kit' includes:

- Custom chakra doTERRA essential oils (seven oils in total) to help you physically & emotionally connect to your chakras.
- House of Intuition intention candle which includes a stone/crystal once the candle is burned out, to help you connect your mind, emotions, & soul to an intention.
- Tiny Devotions Limitless mala necklace to help you set an intention while you meditate so you can physically connect to their soul.
- Design Works journal to help you reconnect with your mind & soul.
- Tarot reading by 'Tarot like it is' to connect you with your unique energy.

Sound good? If so, click the 'book now' button below!